ACTIVE SPORTS

WILL BE HOSTING THE FOLLOWING EXTRA CURRICULAR ACTIVITIES IN YOUR CHILD'S SCHOOL

SH Active Sports
@Shactivesports
www.shactivesports.co.uk

DODGEBALL, LASER TAG & MINI TRAMPOLINING At Church Gresley Infant School

YEAR 1 & 2 ONLY

Tue – Dodgeball
Thur – Laser Tag
Fri – Mini Trampolining

FOR TIMES DATES AND PRICES PLEASE SEE BOOKING SYSTEM

DODGEBALL

Dodge, duck, dip, dive and dodge, the 5 D's of dodgeball will be taught to your child through many fun and safe games of dodgeball, There are many variations of the game, but generally the main objective of each team is to eliminate all members of the opposing team by hitting them from the neck down with thrown balls, catching a ball thrown by a member of the opposing team. Your child will mainly be working in different teams to compete in this game therefore improving their teambuilding, interacting with other children and building their self-esteem and self-confidence all whilst enjoying being as active as they possibly can. The main objective of our dodgeball club is all about having as much fun as possible.

LASER TAG

A team or individual activity that involves the use of hand-held infrared-emitting targeting device. This means no pain as targeting or shooting is done via Infrared-emitting lasers. The game will improve your child's reactions and spatial awareness, improve tactics and decision making and develop coordination, aim, communication skills and teamwork. In a similar fashion, your child has the wonderful opportunity to learn how to be a team player and work with his friends in order to accomplish a common goal. Be it outside in the woods or inside in the school hall with all the lights off this club is fun from start to finish!

TRAMPOLINING

Mini Trampolining can be a fun and beneficial activity for children. It provides them with an opportunity to have fun while also engaging in physical activity. It's a popular choice among children for its combination of entertainment and exercise. Trampolining provides an excellent cardiovascular workout, helps improve balance, coordination, and flexibility. It also strengthens muscles, particularly in the legs and core, whilst increasing social interaction.

To book: Please scan the QR code or follow the link below.

https://sh-active-sports.classforkids.io

(Open camera on smartphone and scan QR code above)

For any queries please contact 07709488681 or info@shactivesports.co.uk

Booking is deemed acceptance of our Terms & Conditions. available on our website and booking system. * Prices include VAT charge of 20%