Useful websites:

Compass Changing Lives - Compass Support and resources for anxiety, emotions and wellbeing.

https://derbyandderbyshireemotionalhealthandwellbeing.uk/

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/

(Very useful websites that cover many needs and signpost to information, support and resources)

https://www.citizensadvicemidmercia.org.uk/autism-information-and-advice/ Neurodevelopmental hubs and training

https://www.autisminformationservice.org.uk/

Support, information and training

https://www.autismeducationtrust.org.uk/

https://www.autism.org.uk/what-we-do/help-and-support

http://www.addiss.co.uk/ (ADHD)

https://services.actionforchildren.org.uk/derbyshire/build-sound-minds/ (referral for emotional needs)

https://www.childline.org.uk/toolbox/mental-health-first-aid-kit/ (help to cope when things are hard)

https://www.bbc.co.uk/bitesize/articles/zdkn3qt#z2d346f (information on school refusal, anxiety and SEND)

https://www.derbyshireiass.co.uk/ (support and advice)

https://thesleepcharity.org.uk

http://www.specialneedscircle.co.uk/ (01332 949986)

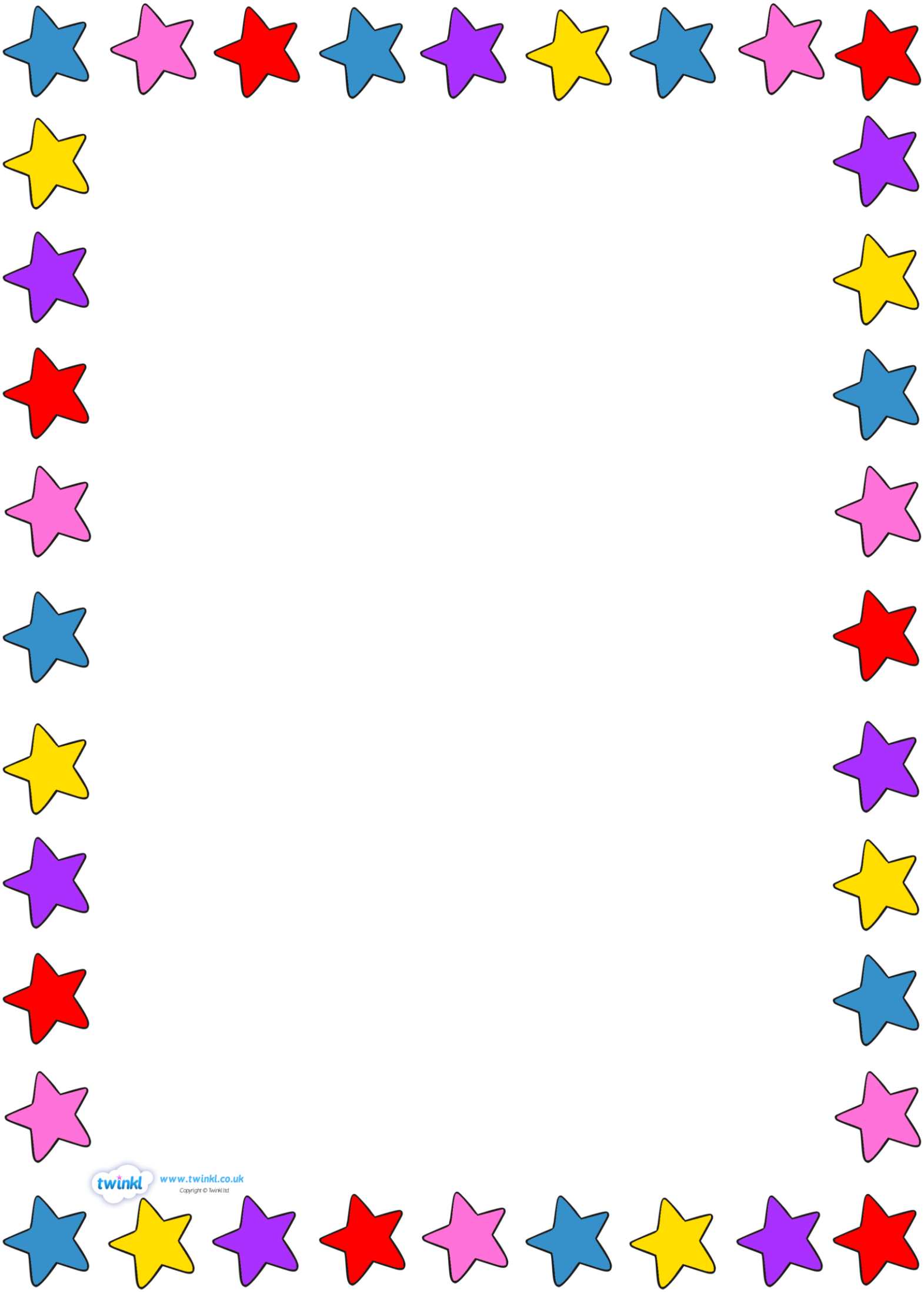
(support, training and groups and they run the Sensory Room at Gresley Old Hall)

https://www.nhs.uk/

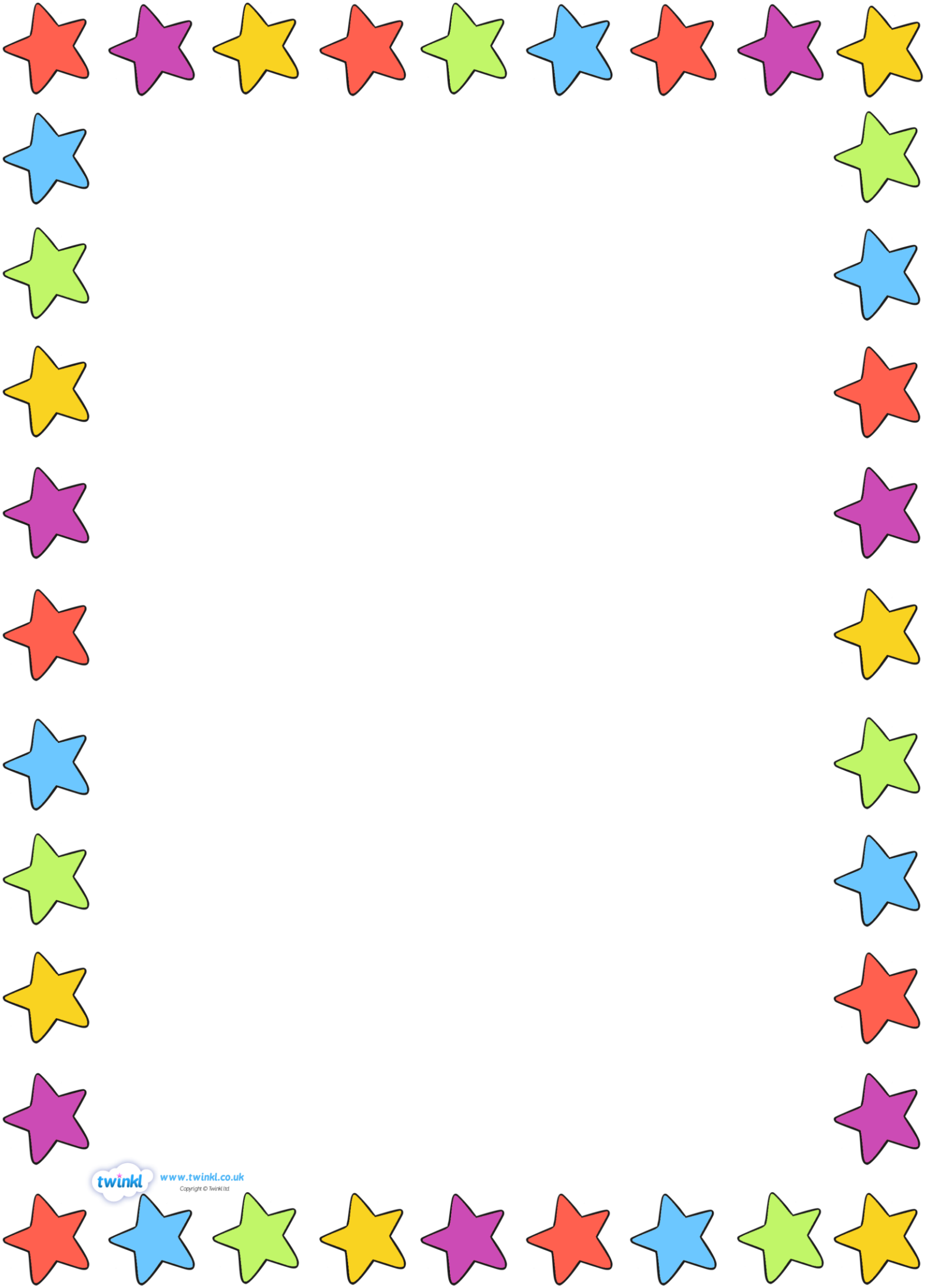
https://derbyshireparentforums.co.uk/

Registered charity-support and information

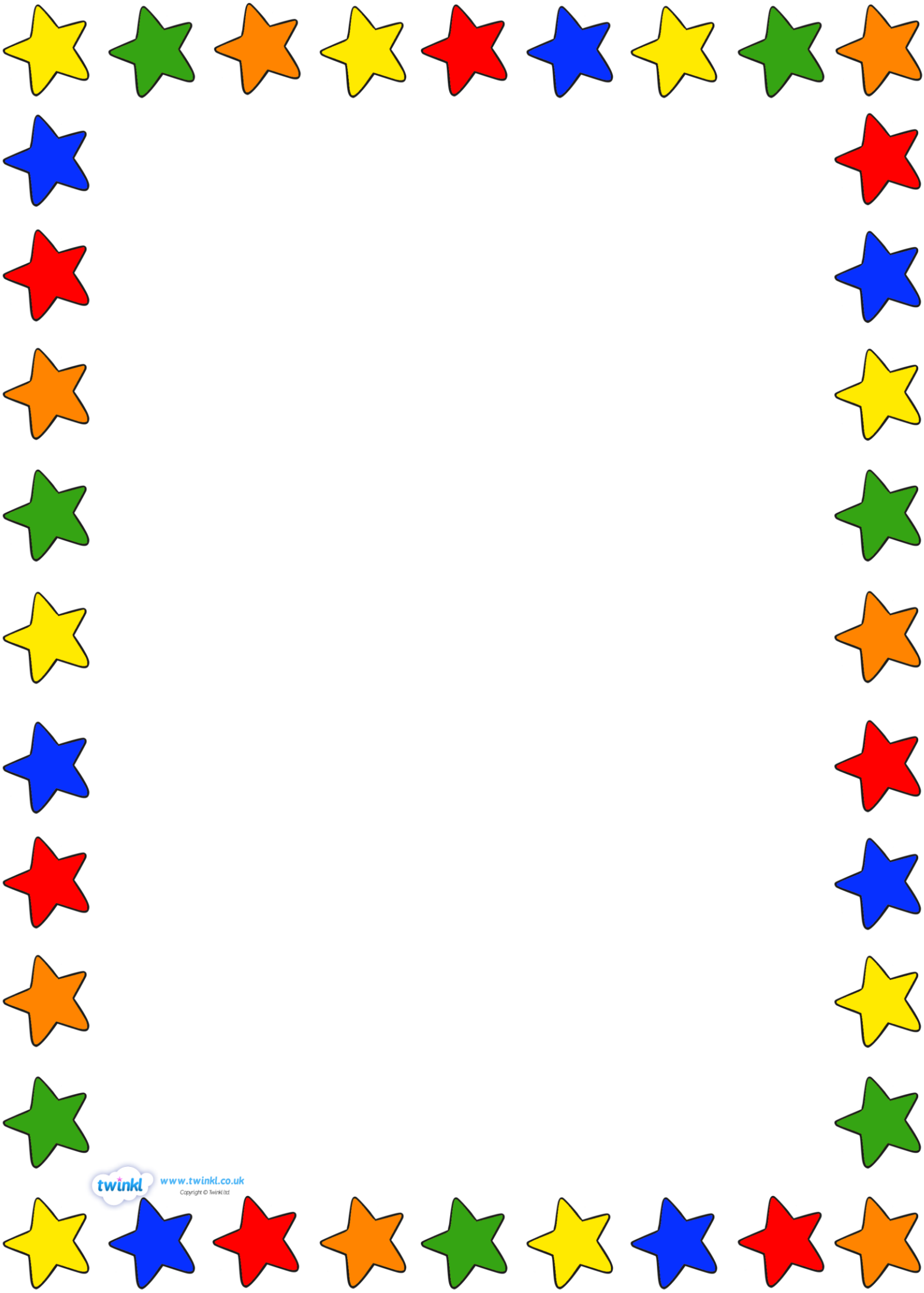
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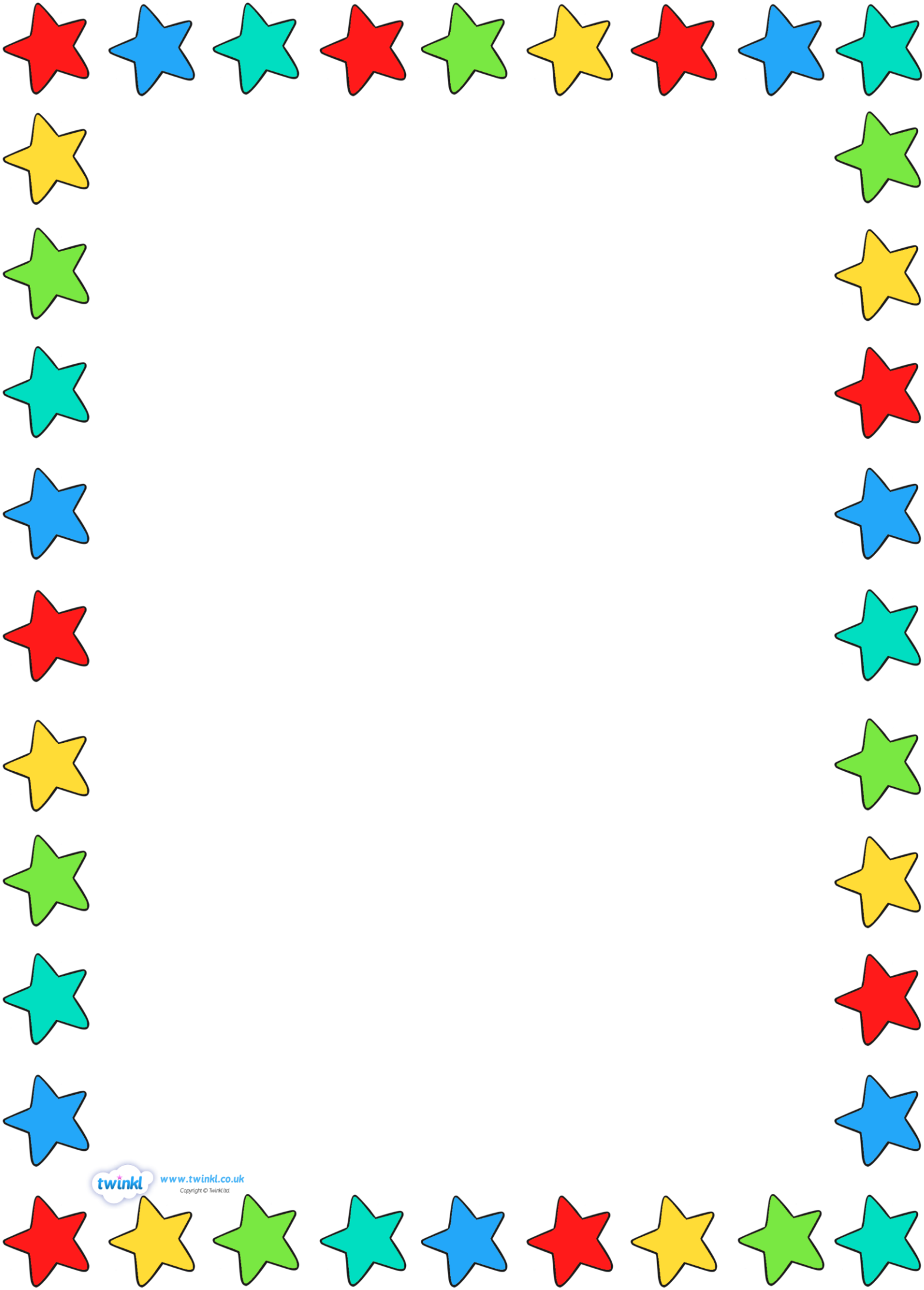

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