Useful websites:

https://derbyandderbyshireemotionalhealthandwellbeing.uk/

This website links to a range of information, support and resources for Autism, ADHD, sleep, the neurodevelopmental hubs, emotional wellbeing, SEND, what to do in a crisis etc for children and adult. It is the website that SPOA refer parents to while they wait to be seen.

https://www.autisminformationservice.org.uk/south-derbyshire-neurodevlopmental-community-hubs/

This website has lots of information and resources and information about the Neurodevelopmental hubs. They will see people for appointments, run a drop-in session and training.

The Collective Hub search on Facebook in Swadlincote and runs clubs and groups for all ages and support with SEND needs. This is in the centre of Swadlincote.

Compass Changing Lives - Compass https://www.compass-uk.org

This has replaced Build Sound Minds and parents can refer to for anxiety etc. They offer information and support and run courses. There is information about emotions, being healthy, behaviours, bedtime routine, continence, etc, There is a wellbeing app parents can download

http://www.specialneedscircle.co.uk/ (01332 949986)

(support, training and groups and they run the Sensory Room at Gresley Old Hall)

Websites for information, training and support:

https://www.autisminformationservice.org.uk/

https://www.autismeducationtrust.org.uk/

http://www.autism.org.uk

www.pdasociety.org.uk Pathological Demand Avoidance/ Anxiety

https://www.autismeastmidlands.org.uk/

https://autismcentral.org.uk

https://www.nhs.uk/conditions/autism/support

https://thesleepcharity.org.uk/

https://www.childline.org.uk/toolbox/mental-health-first-aid-kit/ (help to cope when things are hard)

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/

SEND noticeboard and the SEND page from the Parents and Carers page on the school website.