English:

*To write simple sentences using capital letters, full stops and finger spaces.
*To begin to form letters correctly.
*To make good phonic attempts at spelling and begin to learn to spell some common exception words.
*To blend the sounds in words to read accurately.
Key Vocab: digraph, trigraph, phoneme, grapheme, blend, segment,

How to help at home

*Encourage your child to sound out words they are unsure of when reading and writing.
*Learn the common exception words.
*Remember capital letters, finger spaces and full stops when writing sentences
* Encourage your child to correctly form letters using print handwriting.
***Practise reading at least 3 times a week to help improve fluency.**

Maths:

* To count up to, & back from, 10 fluently & to read & write numbers to 10 in numerals and words.
* To say what is one more or one less than a given number
* To use the language: equal to, more than, less than, greatest, smallest
* To order numbers 11-20 practically.
* To count forwards and backwards in 10's to 100.

Key Vocab: one, two, three, four, five, six, seven, eight, nine, ten, sort, group, label, count, representation, characteristic, objects, items, type, colour, size, forwards, backwards, more, less. fewer, greater than, equal to.

How to help at home

*Count with your child at every opportunity (especially backwards)
*Practise counting in 10's to 100.

PSHE:

* Understand the importance of rights & responsibilities within school & at home

Key Vocab: Rights, responsibilities, responsible, helpful, kind, care, environment, opinion, vote, decision, instruction, share, recycle

How to help at home

*Talk about how we can have responsibilities and help at home.

RE:

* To know what Christianity is.
* To understand what it means to be a Christian.

Key Vocab: Christian, faith, church, Bible, cross, belief, role, God, Jesus, celebration, Christ, religion, vicar, font, pray, prayer

How to help at home

*Talk about people you know who are Christian, or Christian celebrations (Christmas, Easter)

What does it mean to be part of a community?

Year 1 Autumn 1 Sept – Oct 2026

Key concepts – community, individuality, pride, caring, change

Science:

*To identify, name, draw and label the basic parts of the human body.
* To know the five senses and say which part of the body is associated with each sense.
* To know about the signs of autumn, and changes in the weather.

Key Vocab: Body, names of body parts, organs, bones, muscles, senses, sight, taste, smell, touch, hearing, seasons, autumn, changes, experiment, investigation, fair test, record, predict, conclusion, describe

How to help at home

*Practise naming parts of the body e.g. knee, elbow, leg, arm etc
*Go on a walk – what can they hear, see, smell or feel?

PE:

***Fundamentals**– To explore balance, stability and landing safely, explore how the body moves differently when running at different speeds and explore changing direction and dodging.
***Gymnastics** – To develop stability and control when performing balances.

Key Vocab: Balance, jump, hop, run, speed, agility, dodge, skip, co-ordination, shape, barrel, straight and forward roll.

How to help at home

*Practise jumping with two feet and landing safely with bent knees.
*Practise balancing on one foot, practise getting up off the floor without using your hands (develop core strength)

Art & Design: Exploring line and shape

*To explore control and pressure to create different types of lines.
*To connect lines to create shapes.
*To explore lines & shapes in pictures for portrait drawing.
*To create an artist-inspired artwork using lines and shapes.
* To be inspired by the artist Paul Klee.

Key Vocab: artist, control, line, pressure, shape

How to help at home

*Observe artwork by Paul Klee.
*Find out facts about Paul Klee.

Music: Charanga (scheme)

*To find the pulse in pieces of music
* To identify instruments used in pieces of music
* To play simple rhythms on a glockenspiel

Key Vocab: Pulse, listen, appraise, improvise, perform, instrument, compose, rhythm, hip-hop, style, rap, pitch, tempo, dynamic, texture

How to help at home

*Find the pulse in music when out and about and move to it (tap it out, sway)

Geography:

*To know where they live and what is in the area.
*To recognise and learn the school address.
*To draw simple maps.

Key Vocab: Map, local area, aerial view, birds eye view, plan, label, address, post code, county, town, compass, north, south, east, west, direction, symbol, logo, location, feature

How to help at home

*Talk about the local area
* Recall their address.

Computing:

*To identify different types of technology
* To be able to use a computer, mouse, and keyboard
* To know how to stay safe when online

Key Vocab: technology, computer, screen, mouse, keyboard, device, touch screen, save, type, online, online safety, password, information

How to help at home

* Explain how to use the technology in your home safely and set appropriate restrictions when online at home.
* To identify and discuss different types of technology in the house and when out in the community.