PE Curriculum Statement

Intent

At Church Gresley Infant and Nursery School we understand the importance that P.E plays and are committed to providing all children with the opportunities to engage fully in Physical Education. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in Physical Education. The aim of our P.E Programme is to develop children's basic gross motor skills, build confidence in their own ability as well as build the foundations for a lifelong love of different sports and a healthy lifestyle.

The teaching of Physical Education at Church Gresley Infant and Nursery follow the objectives set out by The National Curriculum and EYFS Development Matters. We aim to ensure that all pupils

- Develop confidence in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy active lifestyles
- Build self-esteem, confidence and resilience.

Implementation

At Church Gresley Infant and Nursery School we have schemes of work for Gym, Dance and Fundamental Skills. These schemes meet the needs of our children, giving them the wealth of opportunities to develop their physical movement as well as achieving whole class objectives. They begin in the EYFS where children generally come in with poor physical skills. The schemes of work continue to progress focusing on skill development in each year group.

Nursery and Reception

In Nursery children begin to develop the foundations of movement through accessing the Physical Development strand of development matters. This is taught through continuous provision during the day, and within some focus activities. Reception children have one formal P.E lesson per week. They follow the devised schemes of work accessing gym, dance and games activities. They also continue to develop these skills within continuous provision.

Key Stage One

Within KS1, children have 2 hours of quality P.E. sessions per week following tailor-made plans. In a P.E session at Church Gresley Infant and Nursery you will see;

- Consistency in routines, including an introduction, warm up, skill development and plenary.
- Collaboration and opportunity for partner discussion.
- Opportunities for children to work both independently and together.
- Opportunities for children to perform and give feedback.

Impact

At Church Gresley Infant and Nursery we help to motivate children to participate in a variety of sports through the quality of teaching that is engaging and fun. Children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports.

All children are provided with the skills and opportunities to demonstrate and improvement to achieve their personal best. Our pupils are physically active and this has a positive impact on their learning.

Children have the opportunity to take part in extra-curricular activities and demonstrate their new skills in intra and inter school sports competitions. All children have the opportunity to participate in a sports day and sports week activities within the summer term.